

**JOIN NOW!**



## Grow young minds in the Kitchen Garden Classroom

The Kitchen Garden Classroom is a unique education service available to all Australian schools and early years learning centres.

-  You don't need a ready-made garden or kitchen
-  You don't need expensive equipment
-  You don't need a huge budget
-  A desire to feed hungry minds
-  A willingness to start small and blossom
-  A passion for bringing health and wellbeing to your community

**Phone: 13000 SAKGF (13000 72543)**

**Visit: [www.kitchengardenfoundation.org.au](http://www.kitchengardenfoundation.org.au)**

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For Better Health

STEPHANIE ALEXANDER  
KITCHEN GARDEN  
FOUNDATION  
Growing Harvesting Preparing Sharing

**Growing Healthy Kids**





## Why deliver pleasurable food education?

- The benefits of pleasurable food education are endless, and easy to implement
- It's not an extra, but is integrated through all activities, supporting a wide range of learning, health and community objectives
- It works: studies show improved food behaviour, increased student and family engagement, and a positive context for learning across multiple subject areas.



## Why join the Kitchen Garden Classroom?

- A continually growing bank of hundreds (and hundreds!) of resources that help you plan, design and deliver a kitchen garden program that suits your school or centre, from scratch
- A unique community of thousands of kitchen garden educators who share learning, experiences and real-life activities
- Research and evidence on food education and how and why it works
- Members-only professional learning – online and face-to-face
- Email and phone support from our friendly, professional team.



## Why use the Kitchen Garden Foundation?

- The Foundation's kitchen garden program model has been delivered since 2001 – we know how to make the most of food education to meet your individual needs and circumstances
- We provide you with all the educational resources and support you need to deliver a successful food education program in your school or centre, and reap huge benefits
- You're not alone. You'll be part of a huge, supportive community building a revolution in the food habits of young Australians.



## What can you do now?

- Visit the website for delicious free content
- Download the free starter pack for a taste of what's on offer
- Join the Kitchen Garden Classroom via a simple online form
- Get in touch! Contact the Support Line on 13000 SAKGF (13000 72543) or [support@kitchengardenfoundation.org.au](mailto:support@kitchengardenfoundation.org.au)



**Only: \$165 joining fee and \$110 annual renewal**

**Find out more and join at: [www.kitchengardenfoundation.org.au](http://www.kitchengardenfoundation.org.au)**