

Growing Harvesting Preparing Sharing

Pizza of the Imagination

Season: All

Makes: 2 × 26 cm pizzas

Equipment:

bowls – 1 small, 2 large measuring scales, cups and spoons whisk pastry brush clean tea towel chopping board cook's knife grater rolling pin 28 cm pizza tray wide egg lifter

Ingredients:

For the pizza dough:

- 1 cup lukewarm water1 tbsp instant dry yeast
- 2 tsp sugar
- 1 tbsp extra virgin olive oil, plus extra for greasing
- 200 g plain (all-purpose) flour, plus extra for flouring
- 1 tsp salt
- 1/2 tsp semolina flour (if using pizza stone)

For the pizza toppings:

- Select two or three ingredients such as:
 - ham, tomato& mozzarella
 - mushroom & ricotta
 - o potato & rosemary
 - o pumpkin & feta
 - red onion, black olive & rosemary
 - thin slices of ham & fresh pear
 - ... or fresh seasonal tastes of your own!

- Consider thin slices of fresh vegetables like potato, onions, pumpkin and zucchini.
- Try different kinds of cheese like parmesan, ricotta or feta.
- Preserves and pastes are great toppings, e.g. pesto, tapenade, olives or roasted peppers.
- Use fresh herbs like basil, oregano, parsley, rosemary leaves, sage, thyme ...

What to do:

To make the dough:

- 1. Place the water, yeast and sugar in a small bowl. Whisk and leave for 5–10 minutes until frothy.
- 2. Add the 2 teaspoons of oil to the yeast mixture and mix well.
- 3. Place the flour, salt and yeast mixture into a large bowl and mix together, then tip the dough out onto a floured bench and knead with your hands until it feels smooth and elastic.
- 4. Brush the inside of a large bowl with a little of the extra virgin olive oil. Put the pizza dough into the oiled bowl, cover with a clean, dry tea towel and put in a draught-free place until the dough has doubled in size. This process, called 'proving', will take at least 1 hour.
- 5. Tip the risen dough onto the workbench and knead briefly, then shape it into a round ball and return it to the bowl. Cover the bowl with the tea towel again, and leave for at least 20 minutes.
- 6. Preheat the oven to maximum.
- 7. Prepare your toppings while you wait for the oven to heat up slice fresh vegetables thinly, grate or crumble cheese, remove olives from pips etc.

To assemble the pizza:

- 1. Scatter some flour on the workbench and roll the dough to form a thin disc about 26 cm in diameter.
- 2. Assemble the pizza directly onto the tray (again, flour the tray first).
- 3. Arrange your topping on top.
- 4. Drizzle the pizza with the last of the oil, then place the pizza in the oven.
- 5. Your pizza will need to bake for about 10–15 minutes, depending on your oven.
- 6. Transfer the cooked pizza to the board using the wide egg lifter.
- 7. Serve the pizza with fresh topping if you like, such as a handful of washed rocket leaves and parmesan.