

# Growing Harvesting Preparing Sharing





The Kitchen Garden Program teaches children and young people to grow, harvest, prepare and share fresh, seasonal, delicious food. All across Australia, the program delivers a fun, hands-on, fully-developed framework to early childhood services, primary and secondary schools of all sizes.

It's positive and preventative, delivers wellbeing and sustainability benefits, and has proven impact beyond the school or service gate to families and communities.



### MEMBER SUPPORT

Our dedicated and passionate support team work year-round to ensure that educators and staff around the country are equipped and inspired to run their Kitchen Garden Program. We love what we do, and are here to help you succeed in your kitchen garden journey.



## PROFESSIONAL DEVELOPMENT

Online and face-to-face sessions from 'getting started' to specialised topics such as native ingredients or seed saving allow staff and educators to build on their own knowledge and areas of interest, while networking with peers.

"One powerful way in which we can reflect our diversity, cultures, climate, geography, and uniqueness is in the production, preparation and sharing of food."

- THE ESSINGTON SCHOOL P&F



"Our school is special because of the Kitchen Garden Program and it makes the school a better place."

- STUDENT, COMMUNITY SURVEY RESPONDENT

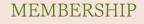
### VIDEOS + WEBINARS

Presented by our team and other experts, videos and training webinars bring the Program to life, providing inspiration, ideas and skills development. Virtual tours and online catch-ups provide an intimate setting to celebrate and showcase individual programs.



### RECIPES, RESOURCES + ACTIVITIES

Over 1000 delicious recipes, lesson plans and practical resources are plentiful on the Shared Table – our online resource and community hub. Find out how to build a worm café, integrate maths outcomes, or bake Stephanie's carrot muffins!



Start small, dream big! Staff and educators are equipped with an adaptable program framework, comprehensive resources, personal guidance and professional development to establish and grow their own kitchen garden to fit their unique setting.



Find out more! www.kitchengardenfoundation.org.au

